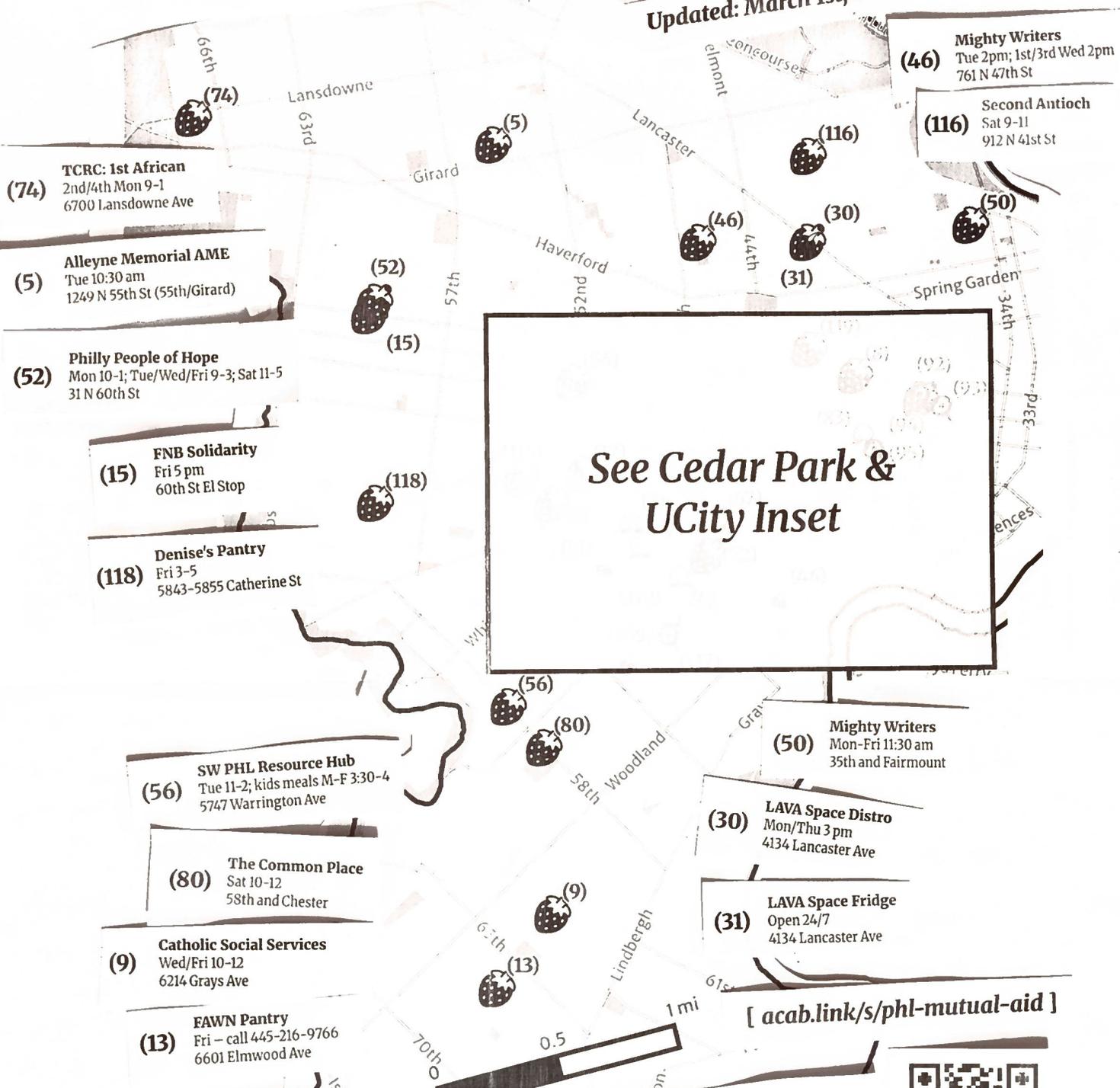


The West Phillyan Guide to FREE FOOD

- because food is a fucking human right! -

Updated: March 1st, 2026



(74) TCRC: 1st African
2nd/4th Mon 9-1
6700 Lansdowne Ave

(5) Alleyne Memorial AME
Tue 10:30 am
1249 N 55th St (55th/Girard)

(52) Philly People of Hope
Mon 10-1; Tue/Wed/Fri 9-3; Sat 11-5
31 N 60th St

(15) FNB Solidarity
Fri 5 pm
60th St El Stop

(118) Denise's Pantry
Fri 3-5
5843-5855 Catherine St

(56) SW PHL Resource Hub
Tue 11-2; kids meals M-F 3:30-4
5747 Warrington Ave

(80) The Common Place
Sat 10-12
58th and Chester

(9) Catholic Social Services
Wed/Fri 10-12
6214 Grays Ave

(13) FAWN Pantry
Fri - call 445-216-9766
6601 Elmwood Ave

(46) Mighty Writers
Tue 2pm; 1st/3rd Wed 2pm
761 N 47th St

(116) Second Antioch
Sat 9-11
912 N 41st St

See Cedar Park &
UCity Inset

(50) Mighty Writers
Mon-Fri 11:30 am
35th and Fairmount

(30) LAVA Space Distro
Mon/Thu 3 pm
4134 Lancaster Ave

(31) LAVA Space Fridge
Open 24/7
4134 Lancaster Ave

[acab.link/s/phl-mutual-aid]

 **Distros**
Groceries, may have meals

 **Meals**
Warm, cooked, ready-to-eat food

 **Comm. fridges**
24/7 access to perishables

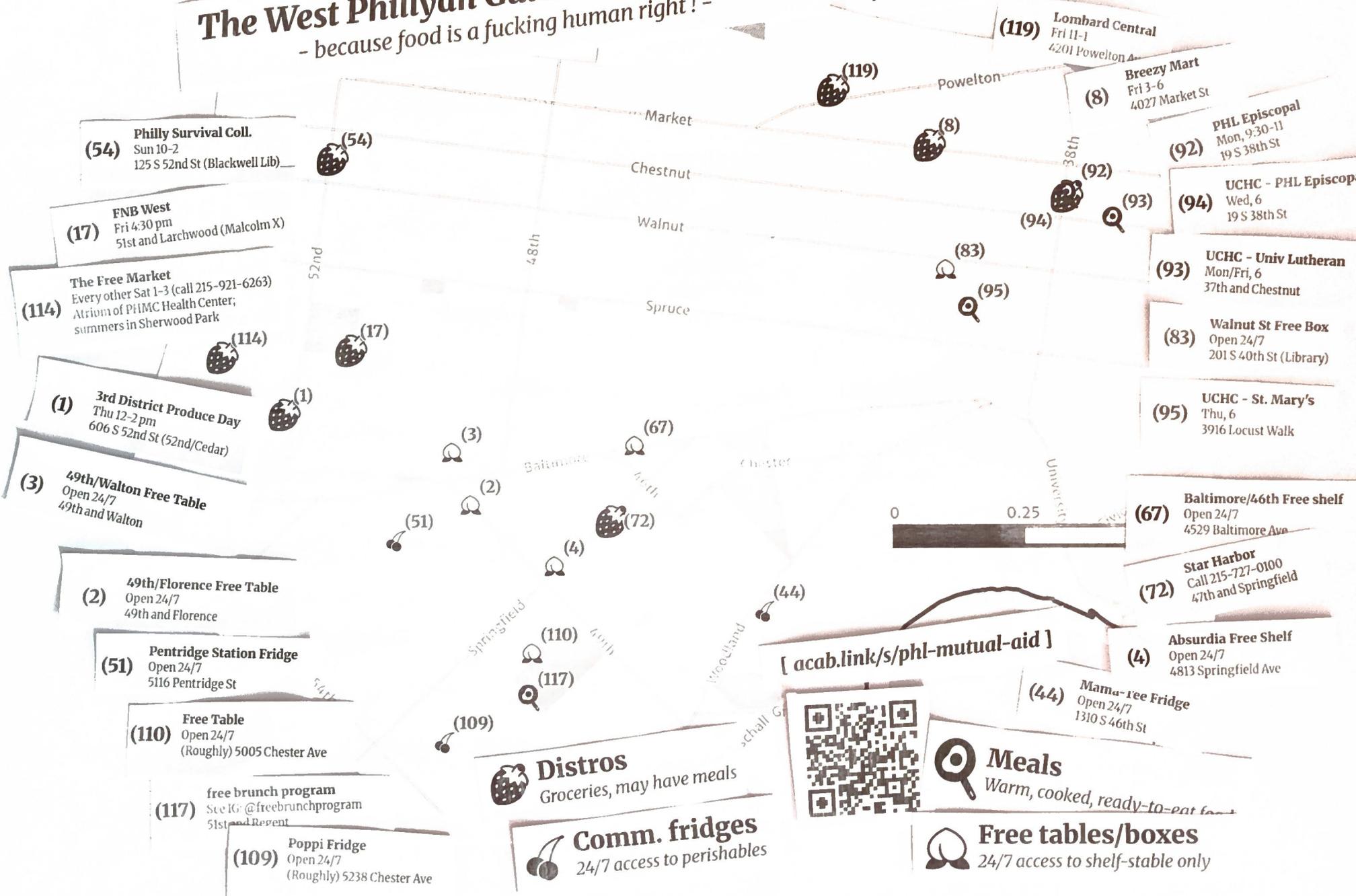
 **Free tables/boxes**
24/7 access to shelf-stable only



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(54) **Philly Survival Coll.**
Sun 10-2
125 S 52nd St (Blackwell Lib)

(17) **FNB West**
Fri 4:30 pm
51st and Larchwood (Malcolm X)

(114) **The Free Market**
Every other Sat 1-3 (call 215-921-6263)
Atrium of PHMC Health Center;
summers in Sherwood Park

(1) **3rd District Produce Day**
Thu 12-2 pm
606 S 52nd St (52nd/Cedar)

(3) **49th/Walton Free Table**
Open 24/7
49th and Walton

(2) **49th/Florence Free Table**
Open 24/7
49th and Florence

(51) **Pentridge Station Fridge**
Open 24/7
5116 Pentridge St

(110) **Free Table**
Open 24/7
(Roughly) 5005 Chester Ave

(117) **free brunch program**
See IG: @freebrunchprogram
51st and Regent

(109) **Poppi Fridge**
Open 24/7
(Roughly) 5238 Chester Ave

Distros
Groceries, may have meals

Comm. fridges
24/7 access to perishables

[acab.link/s/phl-mutual-aid]



Meals
Warm, cooked, ready-to-eat food

Free tables/boxes
24/7 access to shelf-stable only

(119) **Lombard Central**
Fri 11-1
4201 Powelton Ave

(8) **Breezy Mart**
Fri 3-6
4027 Market St

(92) **PHL Episcopal**
Mon, 9:30-11
19 S 38th St

(94) **UHC - PHL Episcopal**
Wed, 6
19 S 38th St

(93) **UHC - Univ Lutheran**
Mon/Fri, 6
37th and Chestnut

(83) **Walnut St Free Box**
Open 24/7
201 S 40th St (Library)

(95) **UHC - St. Mary's**
Thu, 6
3916 Locust Walk

(67) **Baltimore/46th Free shelf**
Open 24/7
4529 Baltimore Ave

(72) **Star Harbor**
Call 215-727-0100
47th and Springfield

(4) **Absurdia Free Shelf**
Open 24/7
4813 Springfield Ave

(44) **Mama-Lee Fridge**
Open 24/7
1310 S 46th St